

Year 1 - PSHE

Autumn 1

Physical health and wellbeing

Fun times



Spring 1

Identity, society and equality

Me and others



Summer 1

Mental health and emotional wellbeing

Feelings



Autumn 2

Keeping safe and managing risk

Feeling safe



Spring 2

Drug, alcohol and tobacco education  
What do we put into and on to bodies?



Summer 2

Careers, financial capability and economic wellbeing

My money



Year 2 - PSHE

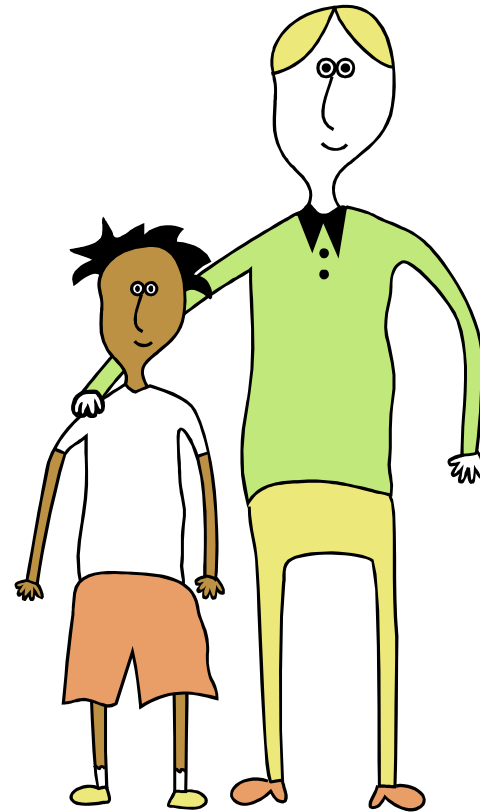
Autumn 1

**Physical health and wellbeing**  
What keeps me healthy?



Spring

**Sex and relationship education**  
Boys and girls, families



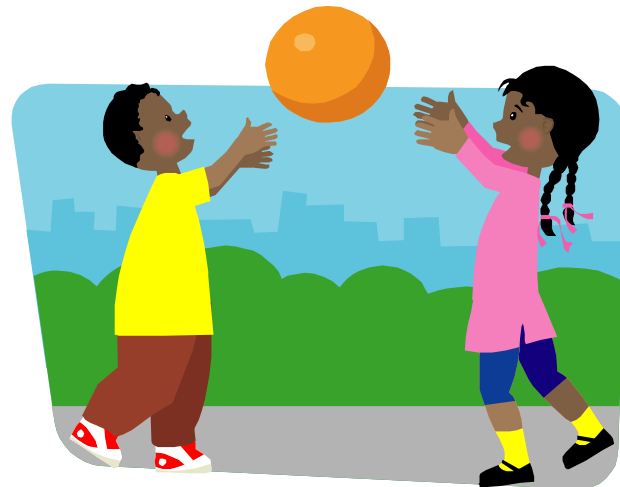
Summer 1

**Keeping safe and managing risk**  
Indoors and outdoors



Autumn 2

**Mental health and emotional wellbeing**  
Friendship



Summer 2

**Drug, alcohol and tobacco education**  
Medicines and me



Year 3 - PSHE

Autumn 1

**Drug, alcohol and tobacco education**  
Tobacco is a drug



Spring 1

**Mental health and emotional wellbeing**  
Strengths and challenges



Summer 1

**Careers, financial capability and economic wellbeing**  
Saving, spending and budgeting



Autumn 2

**Keeping safe and managing risk**  
Bullying – see it, say it, stop it



Spring 2

**Identity, society and equality**  
Celebrating difference



Summer 2

**Physical health and wellbeing**  
What helps me choose?



Year 4 - PSHE

Autumn 1

Identity, society and equality  
Democracy



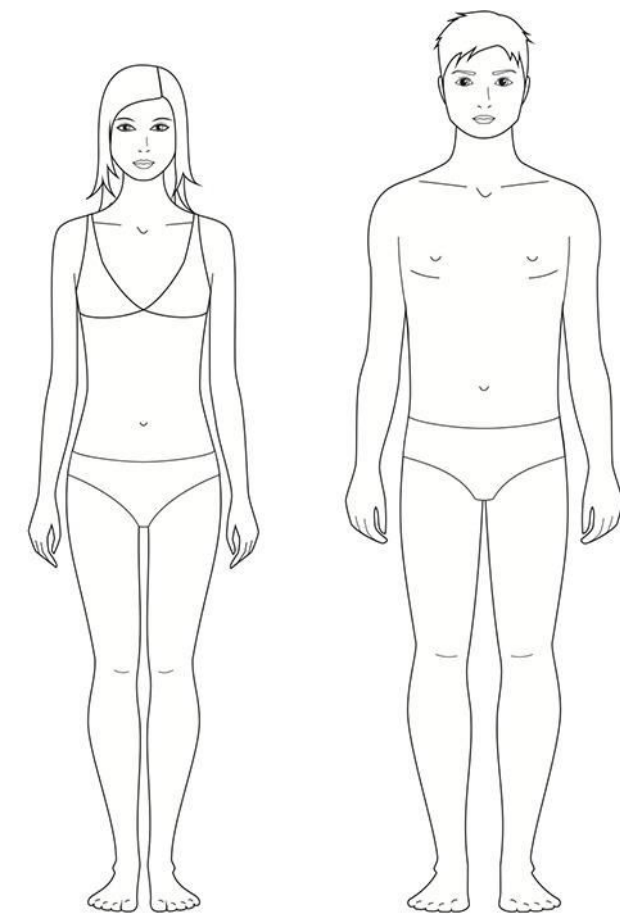
Spring 1

Physical health and wellbeing  
What's important to me?



Summer

Sex and relationship education  
Growing up and changing



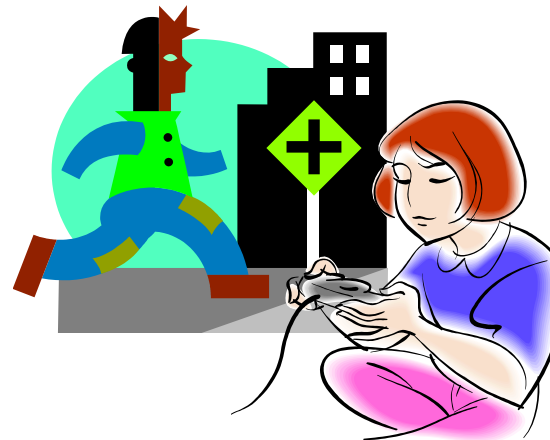
Autumn 2



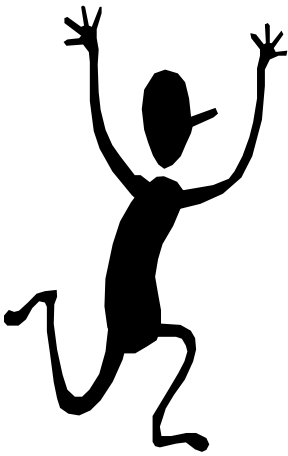

Drug, alcohol and tobacco education  
Making choices



Spring 2

Keeping safe and managing risk  
Playing safe



Year 5 - PSHE		
Autumn 1	Spring 1	Summer 1
<p><b>Physical health and wellbeing</b> In the media</p> 	<p><b>Keeping safe and managing risk</b> When things go wrong</p> 	<p><b>Drug, alcohol and tobacco education</b> Different influences</p> 
Autumn 2	Spring 2	Summer 2
<p><b>Identity, society and equality</b> Stereotypes, discrimination and prejudice (including tackling homophobia)</p> 	<p><b>Mental health and emotional wellbeing</b> Dealing with feelings</p> 	<p><b>Careers, financial capability and economic wellbeing</b> Borrowing and earning money</p> 

Year 6 - PSHE

Autumn

Spring 1

Summer 1

Sex and relationships education

Drug, alcohol and tobacco education

Mental health and emotional wellbeing

Healthy relationships / How a baby is made

Weighing up risk

Healthy minds



Spring 2

Summer 2

Identity, society and equality

Keeping safe and managing risk

Human rights

Keeping safe - out and about

